



## **DESPITE THE FEAR**

### **MOVEMENT OF THE BODY AND OF THE SOUL THE STORIES OF THE BODY – THE BODIES OF THE SOUL**

#### **Summer camp on constellation work and body awareness**

**Lead by Edó Gergely and Paco Alfonsín  
17th – 24th of June, 2023  
Vrboska, Hvar island, Croatia**

There have been some tens of years, when the modern man could sleep in the illusion of safety. That „life is a risky thing” was not in our active vocabulary. Life seemed to be more a product, which could be secured through social status, medicine, wealth, politics, law, etc. Since 2020 this illusion ended. All the unwanted consequences of everything we want fall on us. Noone can pretend anymore that he or she lives in a secured world. The falling of a leaf on one end of the world, creates winds on the other end. More than ever we can feel on our own skin our interconnectedness, more than ever we can feel that we are interbeings.

How to be in this continuously changing life and world in which the only sure is the constant change? How to cope with insecurity? How to stay alive despite the fear and keep the liveliness in the soul? If life is movement, how does our soul and our body move in the inner and outer places that are now lacking any illusion? Where to find trust? How to keep on moving while living every moment rather than being paralyzed or trying to escape life?

We, Paco and I (Edó) became even more alive in the last few years. All the challenges and obstacles were there as a big screen to show how much we love life, each other, our work, to be alive and how big is the inner yes to all of this. Despite of the general fear and of the constraining circumstances we have got married, started great individual and common projects, created environment where the community of the Soul could be felt and experienced through arts, therapy, family celebrations, camps, trainings, workshops.

Now we are happy to invite you again to a one week international camp where the journey of the movement of the body and of the soul is guided by our co-leading.

WHERE: Vrboska village, Hvar island, Croatia. Venus Apartments: <http://www.hvarsziget.hu/>

WHEN: 17th-24th of June, 2023

PRICE: 470 €. Accomodation (22 € per night) and food is not included in the price. Early bird: in case you pay the whole amount till 31st of December: 400 €. You can make your reservation by paying an advance fee of 250 € till the 15th of May. In case of cancellation till 31st of May half of the deposit is returned.

Details for payment:

CENTRUL CASA EDO S.R.L.

Banca Transylvania, SWIFT BTRLRO22

RON: RO07BTRLRONCRT0CG6828401

EUR: RO51BTRLEURCRT0CG6828401

HUF: RO90BTRLHUF CRT0CG6828401

PROGRAM: (can be slightly changed according to the weather)

First program of the day:

5.00 – 8.00 Every morning meditation at sunrise followed by yoga or movement exercises.

Second program of the day will be a workshop or a seminar that lasts between 3-5 hours during the day. Every second day the workshop starts at 10.00 respective at 16.00, thus whether the whole morning or the whole afternoon will be free to rest or to explore the beaches and beautiful environment.

In the workshops and seminars we work with movement, body expression and awareness, constellation work - both family constellation and Life Integration Process, meditation.

One evening we will offer a dinner, another dinner will be a party dinner, where everybody can contribute with something to eat.

For more information about Edo visit: <https://gergelyedo.wixsite.com/edogergely/copy-of-home>  
<https://www.facebook.com/gergelyedopage>

For more information about Paco visit: <https://alfonsinpaco.wixsite.com/franciscoalfonsin>  
<https://www.facebook.com/paco.alfonsin>

Looking forward to meet you!

Edo & Paco